

## Cledford Primary School – PSHE Curriculum Yearly Overview

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
EYFS	<p><b>Personal, social and emotional development</b> Express their feelings and consider the feelings of others. Build constructive and respectful relationships.</p> <p><b>Understanding of the world</b> Talk about members of their immediate family and community. Name and describe people who are familiar to them. Comment on images of familiar situations in the past</p> <p><b>No Outsiders</b> You Choose by Nick Hornby</p>	<p><b>Personal, social and emotional development</b> Show resilience and perseverance in the face of challenge. Identify and moderate their own feelings socially and emotionally.</p> <p><b>No Outsiders</b> Red Rockets and Rainbow Jelly by Sue Heap and Nick Sharratt</p>	<p><b>Personal, social and emotional development</b> Think about the perspectives of others.</p> <p><b>No Outsiders</b> Hello Hello by Brendan Wenzel</p>	<p><b>Understanding of the world</b> Recognise some environments that are different from the one in which they live.</p> <p><b>No Outsiders</b> The Family Book by Todd Parr</p>	<p><b>Personal, social and emotional development</b> Know and talk about the different factors that support their overall health and wellbeing:</p> <ul style="list-style-type: none"> <li>• regular physical activity</li> <li>• healthy eating</li> <li>• toothbrushing</li> <li>• sensible amounts of ‘screen time’</li> <li>• having a good sleep routine</li> <li>• being a safe pedestrian</li> </ul> <p><b>No Outsiders</b> Mommy, Mama and Me by Leslea Newman and Carol Thompson</p>	<p><b>Personal, social and emotional development</b> Know and talk about the different factors that support their overall health and wellbeing:</p> <ul style="list-style-type: none"> <li>• regular physical activity</li> <li>• healthy eating</li> <li>• toothbrushing</li> <li>• sensible amounts of ‘screen time’</li> <li>• having a good sleep routine</li> <li>• being a safe pedestrian</li> </ul> <p><b>No Outsiders</b> Blue Chameleon by Emily Gravett</p>
Year 1	<p><b>Relationships</b> Tell someone if something about my family makes me unhappy or worried; know what to do if I feel under pressure, unsafe or worried for myself or others</p> <p><b>No Outsiders</b> Want to play trucks? By Ann Stott and Bob Graham</p>	<p><b>Relationships</b> Recognise when I or someone else feels lonely and what to do</p> <p><b>No Outsiders</b> Going to the volcano by Andy Stanton</p> <p><b>Inspirational individual</b> Greta Thunberg (activist)</p>	<p><b>Health and wellbeing</b> Medicines, teeth</p> <p><b>No Outsiders</b> Hair, it’s a family affair by Mylo Freeman</p>	<p><b>Health and wellbeing</b> What I’m good and what I like/dislike</p> <p><b>No Outsiders</b> Elmer by David McKee</p> <p><b>Inspirational individual</b> Ray Charles (musician)</p>	<p><b>Living in the wider world</b> Money</p> <p><b>No Outsiders</b> My world, your world by Melanie Walsh</p>	<p><b>Living in the wider world</b> Jobs</p> <p><b>No Outsiders</b> Errol’s Garden by Gillian Hibbs</p> <p><b>Inspirational individual</b> Thomas Barnardo (philanthropist)</p>
Year 2	<p><b>Health and wellbeing</b> Describe and manage feelings</p> <p><b>No Outsiders</b> All Are Welcome by Alexandra Penfold and Suzanne Kaufman</p>	<p><b>Living in the wider world</b> Jobs – strengths and interests</p> <p><b>No Outsiders</b> Can I Join Your Club? By John Kelly and Steph Laberis</p> <p><b>Inspirational individual</b> Rosa Parks (activist)</p>	<p><b>Living in the wider world</b> Money Needs and wants</p> <p><b>No Outsiders</b> What the Jackdaw Saw by Julia Donaldson and Nick Sharratt</p>	<p><b>Relationships</b> Share opinions Ask for help with friendships</p> <p><b>No Outsiders</b> How to be a Lion by Ed Vere</p> <p><b>Inspirational individual</b> Amelia Earhart (pilot)*</p>	<p><b>Relationships</b> Respect that things are private including body parts</p> <p><b>No Outsiders</b> Amazing by Steve Antony</p>	<p><b>Health and wellbeing</b> Prepare for change</p> <p><b>No Outsiders</b> The Great Big Book of Families by Mary Hoffman and Ros Asquith</p> <p><b>Inspirational individual</b> Emmeline Pankhurst (suffragette)</p>

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Year 3	<p><b>Health and wellbeing</b> Celebrate strengths, skills, interests and achievements</p> <p><b>No Outsiders</b> This Is Our House by Michael Rosen</p> <p><b>Inspirational individual</b> Mary Anning (palaeontologist)</p>	<p><b>Health and wellbeing</b> Managing setbacks or failures, change mindset</p> <p><b>No Outsiders</b> We're All Wonders by RJ Palacio</p>	<p><b>Relationships:</b> Committed relationship living together or can live apart</p> <p><b>No Outsiders</b> Planet Omar: Accidental Trouble Magnet by Zanib Mian</p> <p><b>Inspirational individual</b> Sarah Storey (Paralympian)</p>	<p><b>Health and wellbeing</b> Mental health and physical health</p> <p><b>No Outsiders</b> The Hueys in the New Jumper by Oliver Jeffers</p> <p><b>Inspirational individual</b> Ella Fitzgerald (musician)</p>	<p><b>Relationships</b> Different types of relationships</p> <p><b>No Outsiders</b> The Truth About Old People by Elina Ellis</p>	<p><b>Living in the wider world</b> Setting goals, personal outcomes, attitudes towards money</p> <p><b>No Outsiders</b> Beegu by Alexis Deacon</p>
Year 4	<p>Missing: <b>Relationships:</b> <b>Respond safely to adults you do not know</b></p> <p><b>No Outsiders</b> When Sadness Comes to Call by Eva Eland</p> <p><b>Inspirational individual:</b> Nicola Adams (Olympian)</p>	<p><b>Relationships</b> How to seek help If family relationships make you unhappy</p> <p><b>No Outsiders</b> Aalfred and Aalbert by Morag Hood</p>	<p><b>Relationships</b> Feelings of excluded and included and how to seek support</p> <p><b>No Outsiders</b> Along Came a Different by Tom McLaughlin</p> <p><b>Inspirational individual</b> Martin Luther King Jr (activist)</p>	<p><b>Health and wellbeing</b> Positive and negative effects of healthy diet including obesity and tooth decay</p> <p><b>No Outsiders</b> Red: A Crayon's Story by Michael Hall</p>	<p><b>Relationships</b> Risks of knowing someone face to face and online</p> <p><b>No Outsiders</b> Dogs Don't Do Ballet by Anna Kemp and Sarah Ogilvie</p>	<p><b>Living in the wider world</b> Understand people's spending decisions can affect others and the environment (Fairtrade, single use, charity etc)</p> <p><b>No Outsiders</b> Julian is a Mermaid by Jessica Love</p> <p><b>Inspirational individual:</b> Marie Curie (scientist)</p>
Year 5	<p><b>Health and well-being</b> Mental health Talking to a trusted adult</p> <p><b>Relationships</b> Forced marriage</p> <p><b>No Outsiders</b> How to Heal a Broken Wing by Bob Graham</p> <p><b>Inspirational individuals</b> Vera Lynn (musician)</p>	<p><b>Living in the wider world</b> Spending decisions</p> <p><b>No Outsiders</b> Rose Blanche by Ian McEwan and Roberto Innocenti</p> <p><b>Inspirational individuals</b> Alan Turing (Computer scientist and mathematician)* Nicholas Winton (humanitarian)</p>	<p><b>Health and well-being</b> Sleep routines</p> <p><b>Relationships</b> Marriage and civil partnerships</p> <p><b>No Outsiders</b> The Girls by Lauren Lee and Jenny Lovlie</p>	<p><b>Health and well-being</b> Medicines and vaccines</p> <p><b>No Outsiders</b> Kenny Lives with Erica and Martina by Olly Pike</p>	<p><b>Living in the wider world</b> Decisions about jobs and careers</p> <p><b>No Outsiders</b> Mixed by Arree Chung</p> <p><b>Inspirational individuals</b> Katherine Johnson (mathematician)</p>	<p><b>Relationships:</b> Primary Sex Education - puberty</p> <p><b>No Outsiders</b> And Tango Makes Three by Justin Richardson and Peter Parnell</p>
Year 6	<p><b>Health and well-being</b> Change and loss including grief</p> <p><b>No Outsiders</b> Leaf by Sandra Dieckmann</p>	<p><b>Relationships</b> Friendships</p> <p><b>No Outsiders</b> The Only Way is Badger by Stella J. Jones and Carmen Saldana</p> <p><b>Inspirational individuals</b> Ernest Shackleton (explorer)</p>	<p><b>Living in the wider world</b> Money and risks involved</p> <p><b>No Outsiders</b> The Island by Armin Greder</p>	<p><b>Living in the wider world</b> Jobs and career paths</p> <p><b>No Outsiders</b> King of the Sky by Nicola Davis</p> <p><b>Inspirational individuals</b> Doreen Lawrence (campaigner) – link to Stephen Lawrence Day</p>	<p><b>Health and well-being</b> Personal hygiene Bacteria and viruses</p> <p><b>No Outsiders</b> Dreams of Freedom by Oliver Jeffers</p>	<p><b>Relationships:</b> Primary Sex Education</p> <p><b>No Outsiders</b> Introducing Teddy by Jessica Walton and Dougal MacPherson</p> <p><b>Inspirational individuals</b> Jane Goodall (primatologist)</p>
Whole school						



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