HOW DO YOU KNOW
WHO YOU CAN TRUST ONLINE?

WHAT YOU NEED TO KNOW:

1 Trusting relationships can be built online. A healthy, trusting relationship is based on respect, consent and honesty, whether online or in person. The other person doesn't put you down, say rude things to you, ask you to do things you don't want to or pretend to be someone they are not.

2 Being 'catfished' can happen to anyone. People lie online for a range of reasons, and anyone, including adults, can be tricked. Reasons people catfish can include: as a joke, to make themselves feel better, bullying or abuse (such as grooming or blackmail).

'Catfish' *A person who assumes a false identity or personality on the internet, to deceive or manipulate.*

3 Young people need help to think critically about their online relationships. It can be difficult to spot when people are lying or have bad intentions. Read our safer online dating guide for tips on how you can help your child spot when somethings not right.

WANT MORE INFO?

Safer online dating
www.thinkuknow.co.uk/parents/articles/safer-online-dating-how-to-support-your-child/

Online blackmail
www.thinkuknow.co.uk/parents/articles/online-blackmail/

CONVERSATION STARTERS

What would tell you that you could trust someone online? What qualities would you expect to see?

How do you build trust with someone you've only met online?

How do you think it would feel to be catfished? What impact fo you think this would have on someone?

What are the warning signs that someone online is lying or isn't who they say they are?

"but online, you can tell me lots of lies, and I would never know"

What is sexual grooming?
www.thinkuknow.co.uk/parents/articles/What-is-sexual-grooming/

If you are concerned a child is being groomed or blackmailed online, report to CEOP
www.ceop.police.uk/safety-centre

THINK U KNOW

CEOP
A National Crime Agency command